

MKUC "©T©P" D N I U

1. DG GT "VKDD "©T©P©P" CFK

T G U R B i c a ğ 9/320 mcg k p j c n c u z q p " k ± k p " v

4 0 "MCN VCV H" XG" MCPV VCV H" D NG O

Etkin madde: J c u v c { c " w n c c p " j g t " f q | " * c , | " r c t ± c u , h w o c t c v " f k j k f t c v " x r g " 5 4 2 " o e i " d w f g u q p k f " k ± g t

J c u v c { c " w n c c p " 5 4 2 " o k m t q i t c o " d w f g u q p k f . " 6 2 2 " o k m t q i t c o " h q t o q v g t q n " h w o c t c v " f k j k f t c v . " 3 4 " o k m t

[c t f , o e ; " o c f f g

[c t f , , " o e c f f g n g t " k ± k p . " 8 0 3 ø g " d c m , p , | 0

5 0 "HCTOCU " V M" HQTO

p j c p ğ k ± k p ğ v g p " d n k u v g t

D n k u v g t n g p g d k n g p " c n w " h q n { q " k ± g t k u k p f g " d g { c | "

6 0 "MN P M" " \ GNN MNGT

4.1. V g t c r ¾ v k m " g p f k m c u { q p n c t "

C u v , o <

C u v , o " u g o r v q o n c t , p , p " f Ñ | g n v k n o g u k " x g " m q p v t q j c u v c n , , p v g p f " c k k u k p f n g n " 5 0 " d e u c o c m v c p " k v k d c t g p "

M t q p k m " Q d u v t Ñ m v k h " C m e k g t " J c u v c n , , " * MQC J + < "

H q t o q v g t q n . " d w f g u q p k f " k n g " d k t n k m v g " f Ñ | g p n k " u g o r v q o n c t , " x g " c v c m " u , m n , , p , " c | c n v o c m v c f , t 0

4.2. Pozoloji ve uygulama g m n k

C u v , o <

T G U R B i c a ğ [± k k m f d e l e r i n dozu her hasta k ± k p t m x n g , " f j , c t u v k c f n f , g ¾ , k p p " g belirlenmelidir. Bu durum, sadece tedaviye kombinasyon ile d c n c p f , , p f c " f g k n . " c { c t k e n d e p i , ¾¾ p Ñ p v f v g y w n o c n k o m b i n a s y o n ' p t c g u r v e c t k c ± k , p f f , g p m h k c t , p " f , , b i r f d o z k o m b i n a s y o n u n a g e r e k s i n i m d u y a r s a u y u n d o z d a 2 - a g o n i s t v e m q t v k m q u v g , t p c k " g p r e p a r t l a r n v e r i l m e d i d i r . T G U R B i c a ğ f o r m u s a d e c e i d a m e t e d a v i s i n d e m w n n c p , n , t 0 " U g o r v q o n c t k f g t k e k " v g f c x k "

" p g t d k z l u r g p

G t k m k p n e g Ñ t / ") g * B Ñ p ' k m k " m g | " 3 " k p j c k e k Ñ p t o f l e m i d i c | , " j c m g | " 4 " k p j c n m a m a k Ñ p ' g l a n a g { | Ñ m p v g ' n c " m w n g e r e k e b i l i r n o c u ,
Adolesanlar (12-17 ya): I Ñ p i k i k e z 1 i n h a l a s y o n

Hasta f \tilde{A} | g p n c k t c m " j g m k o " v c t c h , p f c p " f m \tilde{A} q p \tilde{A} v t U q R n " F c f l k n g
dozu ile u \tilde{A} t f \tilde{A} t \tilde{A} n' d f g n | k' f v k k t v t g " g f d k n e t i g i n i n g m \tilde{A} t u f g \tilde{A} t r \tilde{A} e t k i l i
e n f \tilde{A} d \tilde{A} z m w n c , n " o p c g n t , k f r i , \tilde{A} p d \tilde{A} z m i l e s e m p t o m a t i k k o n t r o l e d e e d i l d i k t e n
u q p t c " k p j c n c u { d k o r t i k o s t e t n o v k { f n n e g " t u m p g a " h v e g g m f " a d e c p " f g p g p g d k

Genel uygulamada i \tilde{A} p k g k " m g | " m w n n c p , o " k n g " u g o r v q o n c t
u g o r v q m m q p v , t p u h \tilde{A} t p f \tilde{A} t \tilde{A} n k e d i j k g n m o k g o u " k v c t c p , p f c w p | " w p e u g v v
d t q p m q f k " k j w $\frac{3}{4}$ { f c \tilde{A} e , \tilde{A} " p o s m d o z (t i t r e d i l e r e k w n c e t k i l i n e r p \tilde{A} k d \tilde{A} z ,
i \tilde{A} p t e k g o z T G U R F c f c t c m " m w n n c p , n c d k n k t 0

C { t , " d k t " j , | n , " g v m k n k " d t q p m q f k n c v $\frac{3}{4}$ t " m w n n c p ,
i $\frac{3}{4}$ v g t o g m v g f k t " x g " c u v , o " v g f c x k u k p k p " { g p k f g p " i

$\frac{3}{4}$ q e w m n c t " * 8 " 6 - β β " " { x g " \tilde{A} t g u k p f c m k " \pm q e w m n c t f c " m v
mevcuttur.

8 " { c , p " c n v D p f m m k p w $\frac{3}{4}$ q e w m n c t " k \pm k p " $\frac{3}{4}$ p g t k n o g | 0

T G U R F c f c t c m " m w n n c p , n c d k n k t 0
u g o r v q o n c t , " k i d k i g f t \tilde{A} k d \tilde{A} z m i l e s e m p t o m a t i k k o n t r o l e d e e d i l d i k t e n

KOAH:

" p g t k n g p " f q / n c t < "
G t k m k \tilde{A} p n f g g t " < k m k " m g | " 3 r . " k p j c n c u { q p " w { i w n c p ,

W { i w n c o c " g m n k <
T G U R F c f c t c m " m w n n c p , n c d k n k t 0
f w t w n c p o c n , f , t 0

p j c n c u { q p " e k j c | , " { q n w { n c " p g h g u " c n , p f , , p f c
r c t \pm c u , " c t c e , n , h g u f ' h c n ' , f p α d k u p , " x $\frac{3}{4}$ p ' g i \tilde{A} n k \tilde{A} k ' p Q
p j c n c u { q p " e k j c | , p , p " m w n n c p , o , " f q m v q t " x g { c " g

" | g n " r q r \tilde{A} n c u { q p n c t c " k n k m k p " g m " d k n i k n g t <
D $\frac{3}{4}$ d t m m t c e { k g v g o t g ' | n k k <

M c t c e k d g $\frac{3}{4}$ d " { { g m ' o f g c | " n k k " T G U R F c f c t c m " m w n n c p , n c d k n k t 0
Ancak budesonid ve formoterol ilk i g \pm u k , t c u , p f c " j g r e l e v d i m i n e o g v c d c
g f k n f k m n g t k p f g p . " c , t " m c t c e k g t " u k t q | w " q n c p n

R g f k { c v t k m " r q r \tilde{A} n c u { q p <
6- 3 3 " d t c u , \pm p q f e o w m n c t n f l c c p d k h p f ' \tilde{A} d \tilde{A} z m e v c u t t u r .

I g t k { c v t k m " r q r Ñ n c u { q p <
[c n , n^{3/4} | t d g z e r e k s i n i m l e r i y o k t u r .

4.3. Kontrendikasyonlar

G v m k p " o c f f g n g t g " x g { c " D^{3/4} n Ñ o " 8 0 3 ø f g " n k u v g n g p g
f w { c t n , n , , " q n c p n c t f c " m w n n c p , n o c o c n , f , t 0

4.4. " | g n " m w n n n c e p t , , o " " x w g { " c^{3/4} t p , n g o n g t k

V g f c x k " u q p n c p f , t , n c e c , " | c o c p . " f q | w p " c | c n v , n

J c u v c n c t " v g f c x k { k " g v m k u k | " d w n f w w p f c " { c " f c
c , n f , , p f c " v , d d k " { c t f , o " c n o , c p " o c g m r f k # 0 " * D m || 10 ,
d t q p m q f k n c v^{3/4} t n g t k p " m w n n c p , o , p , p " c t v o c u , . " c n v
v g f c x k u k p k p " { g p k f g p " f g g t n g p f k t k n o g u k p k " i g t
m^{3/4} v Ñ n g o g u k . " j c { c v , " v e g u j v f c k " v e " e g k f n g " p q " n d c k t t e ' m f " w o t g w f d k f n w c
i g ± k t k n o g n k f k t 0 " D w " f w t w o f c " m q t v k m q u v g t q k f " v g
d k t " m q t v k m q u v g t q k f " x g t k n o g u k " { c " f c " d k t " g p h g
d w n w p f w t w n o c n , f , t 0

Hastalara m w t v c t , k e n , c " k j p g j t t e , n p g c t o " c p " { c p n c 1/4 , p Ñ f v a n " g d w o r g w n k f f v k t t

Hastalar, asemptomatik olsa bile T G U R F C m e dozunu doktorun 3/4 p g t f l e m k e h f g "
i Ñ n p w n n c p o c n c t , " i g t g m v k k " m q p w u w p f c " d k n i k n g p f

V g f c x k " m g u k n g e p g " k R f | g c t o g a m p " c f | c p | n w , n o c u , " 3/4 p g t k n
m g u k n o g o g n k f k t 0 " C u v , o " u g o r v q o n c t , " m q p v t q n " c
{ c x c " { c x c " c | c n v , n o c u , " f Ñ j Ñ c p u Ñ v n c f n Ñ c k t g , p p n 0 " v g e t
m q p v t q n " g f k n G U R k ' F z p g k p R f g k v m k ' h R " g p " f Ñ Ñ m " f q | v
R q | q n q l k " x g " w { i w n c o c " g m n k + 0

T G U R F C [" v g f c x k u k p g " c n g x n g p o g " u , t c u , p f c " x g {
q n c t c m " m^{3/4} v Ñ n g g p " c u v , o " x c t " k u g " d c n c p o c o c n , f

T G U R F C [" k n g " v e g u f v e , x o k n " c u " , k t n c k u , n p k f n c k . " c f x g t u " g v m k n
J c u v c n c t f c p " T G U R F C [" k n g " v g f c x k { g " f g x c o " g v o g
c u v , o " u g o r v q o n c t , " m q p v t q n " c n v , p c " c n , p c o c | u
istenmelidir.

Bronkodil c v^{3/4} t " 3/4 p e g u f k g p f g g t " k H G^{3/4} X p i^{3/4} t Ñ n g p " p q t o c n g " i^{3/4} t
d t q p m q f k n c v^{3/4} t " f u g q p g t t e k u " , 3/4 p i^{3/4} t H G^{3/4} X g p " p q t o c n g " i^{3/4} t
j c u v c n c t f c " T G U R F C [" k n g " k n i k n k " m n k p k m " ± c n , o

p j c n c u { q p " { q n w g { t n " c v " g w f { c i x w k n n c g p t c f p g " " f q k n f w w " i k d k . " u q n w m " c n , r " x g t o g f g " c p k " d k t " c t v , " k n g " d k t n k m r c t c f q m u k m c n " d t q p m q u r c | o " i g ± k t k t u g . " f g t j c n " f g g t m o g p r f k " t k g " i g t g m k t u g " d c m c " d k t " v g f e x k { g " i g v m k n k " d k t " k p j c n g " d t q p m q f k n c v ¾ t g " { c p , v " x g t k t

W | w p r e ¾ Å g n n k m n d e z d a i n h a l a s y o n y o l u y l a h e r h a n g i b i r k o r t i k o s t e r o i d k u n n c p , n s i s t e m i k e t k i l e r " i ¾ t Å n g b d k e r k i l e r i n i ¾ t Å n q o n g c u , n , , " q m q t v k m q u v g t q k f n g Q g w q c t d s i s t e m i k e t k i l e r , j E o w " u g k f i ø 0 " u g p f E w u j k p i " d g p a d e n t a l k d " c ¾ u | m g , m n a c k o n e m g n t . t f c " x g " { g v k k n k p n g m g o k m " o k p g t c n " { q w p n w w p f f c j " c " | p e n f o k t . " q n e o t e c n e h n v g x g { c " r u k m q o q v q t " j k r g t c m v k x k v g . " w { m w " d q | w m n v m c r u c { c p " f c d i r t * c ¾ p | , g n u n c k m ' n g g v D n k q n e g w t D ¾ n Å ö ö 6 0 : + 0

M g o k m " { q Å | w g p o k w p i y a l e t k i l e r , ¾ | g n n k m r e g Å w d o z d a n k o r t i k o s t e r o i d k u l l a n a n v e b i r l i k t e o s t e o p o r o z r i s k h c m v ¾ t c n g t l c p " j z c ¾ u p p Å f g ç t v f v o w n ¾ c n , p j c n c u { q p " { c q n " w d { w n f c g " u n o v p n k n f c " p k e l i n g c " n l a r e o q c e o v m i h Å p t w f Å m " u Å ortalama 400 mikrogram * ¾ n d o Å n e y Å { g v k m k p k r 8 0 0 m i k r o g r a m (¾ p n n Å Å) n Å " f q | f q | w p " m g o k m " o k Å g g c h e l p i g i n g e d k w t p " n g v v n w k " u k p i R ¾ p " v g n o k f v k T G U R F n C a l f a ø { k Å m u f g m n c i ¼ , t Å t k i l e r i g e i l i m b i l g i y o k t u r .

Daha ¾ p e g m k v g o k m " u v g t q k f " v g f c x k u k " p g f g o k e { n g " c f h a s t a l a r T G U R F C [f c x k u k p g " c n , p , t m g p " f k m m c v n k " q n w p o

p j c n c u { q p n c " c n , p c p " d w f g u q p k f " v g f r i n i k n u a z a p k p " { c i n d i r m e s i d i r , a n c a k o r a l s t e r o i d t e d a v i s i n d e n k p j c n c u { q p e n h a s t a l a c u z u k z a r k a p g " i g ± c f t g p c n " { g v o g | n k , m " c t ' k q u n n O t a l " k t e r o i d g e l a g i s t e s i l d i k t e m s o n r a k { k n g o g " w | w p " u Å t g d k n k t c . n " , d p w c " p p " g d f w g f p g n p g q " u k k p f j " c v n g e f u c g f k n g p " q t c n " u v g t q k f g " d c , o n , " j c u v c n c t " w | w p " q n c d k n k t n g t 0 " D w " i k d k " f w t w o n c t f c " J R C " c z k u " h q p

[Å m u g m " f q | n c t f c " g k t p " j k m g " w n q w p k m Å u g g k q k ¾ n g n n k m f q | n c t n c " v g f c x k . " m n k p k m " c ± , f c p " ¾ p g o n k " c f t g p g p h g m u k { q p n c t " i k d k " u v t g u " f w t w o n c t , p f c " x g { c " s i s t e m i k k o r t i k o s t e r o i d v g f c x k u k " f Å Å p Å n o g n k f k t 0 " U v g t q k f " f m t k | n g t k " v g v k m n g { g d k n k t 0 " C m w v " c f t g p c n " m t k | " b e l i r s i z o l a b i l i r . " c p e c m " c p q t g m u k . " c d f q o k p c n " c c p y . , . m k n m w u o c . " d k n k p ± " u g x k { g u k p f g " c | c n o c . " p ¾ d g v . " j k r

p j c n g " d w f g u q p k f " x g " f g u v g m " q n c t c m " m w n . n c p , n c p

Q t c n " v g f c x k f g p " T G U R F C [ø g " i g n g n k i ¾ g Å p Å c Å g f g g i | g o c " x g " m c u " g m n g o " c t , u , " i k d k " i g p g n " q n c t c m

D w " f w t w o n c t " k ± k p " ¾ | g n " v g f c x k " d c n c v , n o c n , f ,
m w u o c " q n w o c u , " j c r g l k p k ö r i g k o s t e r o i d g p v g m k " f { g g p v " g t Æ r k j | g " n d g k p t o " g
D ¾ { n g " f w t w o n c t f c " q t c n " i n w m q m q t v w k g r e k e b i l e g u q k f " f q

J c u v c n c t c . ' d ¾ n , i g r ü c k o p w f n g ± w w n t k ' u m k p k k ' e i d a p e n o z u a k e u , "
inhalasyonundan sonra c , | n c t ± , c p n , m " c u n ¾ c { o Æ c n h c g t , p , o g n k f k t
T G U R F k C h [g " k v t c m q p c | q n " x i g Æ ± n Æ v " q E p [c R x 5 k C e r ö " b i n d i k g e { j c k " d f k k v ¾
m w n n c p , n o c o c n , f , t Æ " t * Æ D i e n g g 0 t m k 6 o n g " t F " k x g g n t f " k v g , m d k d ö k n " g t k
Bunun o Æ o m Æ p m o c f , c t f f c v t e w g k m m k ± m g c t , p " w { i w n c e p o c n c t
o Æ o m Æ p f w w " m c f c t " w | w p " q n o c n , f , t 0

T G U R , F i c t ö k s i k o z , f e o k r o m a s i t o m a , d i a b e t e s m e l l i t u s , t e d a v i g f k n d i p o k a l e m i ,
j k r g t v t q k t i f k k a r d i y o m i y o p a t i , t i d i y o p a t i k s u b v a l v u l a r a o r t s t e n o z u , k f f g v n k
hipertansiyon, anevrizma x g { c " k u m g o k m " i a r i t m n y a d a j a d p u y g v n g | n k " k ç i l
c , t " m c n f g k { ' q j x a u w m Æ , , " q n c p n c t f c " f k m m c v n k " m w n r

Q T c - c t c w | , c l a s f a l a r d a T G U R F n C h n c p , t m g p w ' p b k m m d v n T 0 - " H q t o q
c t c n , , p , p " w | c o c u , p c " p g f g p " q n c d k n k t 0

C m v k h " { c " f c v " Æ r d e g u t k m Æ " m q m o w p w g t " { q n n c t , p f c ö l a n w p i c n "
j c u v c n c t f c . " k p j c n c u { q p n c " m w n n c p , n c y e h i d a n q t v k m q
f g g t n g p f k t k n o g n k f k t 0

[Æ m u d g z d a 2 - a g o n i s t t e d a v i s i , c i d d i h i p o k a l e m i i l e u q p w ± n 0 c ' p a g o d i s t e m i k t
hipokalemiye neden olan veya ksantin v Æ t g x n g t k . " r e t i k l e g g i b i j h i p o k a l e m i k " x g " f k
g v m k { k " c k n ç ± d h p t t m f k m v g g t " " m w n q p p u n n o g u k p " e t k i s i n e u , " j k
c t v , t c d k n k t 0 " J k r q m c n g o k " f g c p k " u n g g v m k m v c n " c ü , p n ,
bronkodilata v ¾ n g t k p " m w n n c p , n f , , " u v c d k n " q m i s k i n i c p " c u v
c t v c d k n g e g k " c m w v " c , t " c u v a r d a ¾ x | g k h a d v ¾ e r i l m e s i m k p " c t
¾ p g t k n o g m v r g d i r i m l a f a " s e d u m " p o v a Æ u m f Æ | g { n d g k t i k e p i z l e p m e s i
¾ p g t k n . o g m v g f k t

D Æ v Æ - p i q p k u v n g t f g " q n f w w " i k d k . f Æ f | k g { { f n d g g t o k k m " , n j c
izlenmelidir.

Sistemik ve topikal kortiko u v g t q k f " m w n n c p , o , " k n g " i ¾ t o g " d q | w
i ¾ t o g " x g { c " f k g t " i ¾ t o g " d q | w m n w m n c t , " i k d k " u
m q t v k m q u v g t q k f n g t k p " m w n n c p , o , p f c p " u q p t c " t c r c
veya m e t m g | k " u g t ¾ | " m q t k q t g v k p q r c v k " * E U E T + " i k d k "
k ± k p " d k t " i ¾ | " f q m v q t w p c " u g x m " g f k n o g n g t k " f Æ Æ p

R g f k { c v t k m " r q r Ñ n c u { q p n c t "

p j c n g " m q t v k m q u v g t q k f n g t " k n g " w | w p " u ã r a k g n k " v g
i ¾ t Ñ p v Ñ n g p o g u k " ¾ p g t k n k t 0 " G g t " d Ñ { Ñ o g f g " { c x c
f q | w p w " g v m k n k " c u v , o " m q p v t q n Ñ p Ñ " f g x c o " g v v k t
{ g p k f g p " f g g t n g p f k t k n o g n k f k t 0 " C { t , | œ œ . p " , p j œ " ù v
i ¾ t Ñ p o g u k " ¾ p g t k n g d k n k t 0 "

W | w p " x c f g n k " ± c n , o c n c t f c p " g n f g " g f k n g p " u , p , t r
x g " c f q n g u c p n c t , p " ± q w p w p " u q p w ± v c " g t k m k p " j g
D w p w p n c " d k t n k m v g ' c h c ' i g œ k è k ± d k ' t m Ñ ± Ñ m ' b œ p ' q n c d k n k

M Q C J " j c u v c n c t , p f c " r p ¾ o q p k

M q t v k m q u v g t q k f " k ± g t g p " k p j c n g " k n c ± n c t , " c n c p "
r p ¾ o q p k " f c j k n " r p ¾ o q p k " k p u k f c p u , p f c " c t v , " i ¾
t k u m k p f g v n e v , " ð m n w p o c m v c f , t . " c p e c m " d w " f w t w o
i ¾ u v g t k n o g o k v k t 0

M q t v k m q u v g t q k f " k ± g t g p " k p j c n c u { q p " r t g r e t c v n c t
k ± k " h c t m n , n , m n c t , " k ± k p " m g u k p " m n k p k m " m c p , v " d w

Hekimler, K O C J " j c u v c n c t , p f c " q n c u , " r p ¾ o q p k " i g n k k
¾ | g n n n k m n g t k " k n g " M Q C J " u g o r v q o n c t , p , p " c n g x n g
f k m m c v n k " q n o c n , f , t 0

M Q C J " j c u v c n c t , p f c m k " r p ¾ o q p k " t k u m " . h c f ñ v Ñ ñ m n " g x t Ñ k e
m k v n g " k p f g m u k " x g " k f f g v n k " M Q C J " d w n w p o c m v c f , t

4.5. F k g t " v , d d k " Ñ t Ñ p ' h x g ' " k h g g ' g ' v g n k m l g n g o h o " g m k n n
Farmakokinetik g v m k n : g k o n g t

x E [R " R 6 7 2 5 C 6 " k n g " o g v c d q n k | g " q n c p " o c f f g n g t " *
posakona | q n . " m n c t k v t q o k u k p . " v g n k v t q o k u k p . " p g l
* t k v q p c x k t + + " d w f g u q p k f k p " r n c | o c " f Ñ | g { n g t k
m w n n c p , o , p f c p D w p c v p , p o Ñ œ m Ñ p f " , q 1 0 o c f , , " f w t w o
budesonidin kullan , o , " c t c u , p f c m k " | c o c p " c t c n , , " o Ñ o m
I Ñ ± G Y Ñ 3 A 4 k p j h e d n k k u l l a n a n h a s t a l a r d a , T G U R F J

